

# Endodontic Anesthesia Services

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## **Post-Operative Sedation Instructions for Companion & Patient**

1. The patient cannot drive or operate hazardous devices for 24 hours after taking sedation medication. Reflexes or judgement can be altered from sedation. No important decisions, purchases, or contracts should be considered during this time.
2. A responsible person should be with the patient until he/she has fully recovered from the effects of the sedation.
3. Patient should not go up and down stairs unattended. Let the patient stay on the ground floor until recovered. Always hold the patient's arm while walking.
4. Having fluids and nutrition after sedation is important. The patient should begin adequate hydration and eating appropriate food as soon as possible. Do not delay or overindulge. Do not drink alcoholic beverages for 24 hours.
5. Patient may seem alert when he/she leaves the office. This may be misleading, so do not leave the patient alone. Monitor the patient if sleeping to observe that their neck is extended to maintain a good airway.
6. Call us if you have any questions or difficulties. If you feel that your symptoms warrant a physician, go to the nearest emergency room immediately.
7. Patient should not carry, sleep next to, or be left alone with young children for a period of no less than 24 hours after the last dose of medication.
8. Drive directly home and call our office when you arrive at home and the patient is comfortable, to report their status. Provide a replacement patient monitor if you must leave for work or an errand.

### Note:

If a prescription has been prescribed, follow the directions carefully. If you have any questions about these prescriptions or supplements interacting with the sedation medications or other prescriptions the patient are currently taking, please call our office, your physician and/or your pharmacist.

Date: \_\_\_\_\_

Companion's Name (print): \_\_\_\_\_ Signature: \_\_\_\_\_