## Endodontic Anesthesia Services - J. Tim Russin DDS, PA

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## Fasting (NPO) Instructions

NO FOOD, MILK, FORMULA – For 6 Hours Before the Procedure

CLEAR LIQUIDS (water, apple juice, Gatorade)
Until 2 hours before the scheduled procedure.

Nothing by mouth for the last 2 hours, including any prescribed Rxs

Failure to follow these instructions may result in delay or

cancellation of your procedure.

- Last minute cancellations are an inconvenience to you, other waiting/scheduled patients, and to the dental
  office. If you develop a cough, a cold, the flu, vomiting, diarrhea, a fever or any change in health prior to
  the procedure, please call Dr. Russin 813-684-6509 office or 813-786-3065 cell.
- 2. The treatment plan is an estimate only. Time changes in procedures may affect your appointment time. On the day of your procedure you may be asked to come in earlier or later. Please be available by telephone so the dental office can contact you regarding changes to your appointment time. Please be flexible.
- 3. Please arrive 20 30 minutes prior to your appointment time. During this time you will be checked in, given an opportunity to use the restroom, and prepared for anesthesia. Recovery and discharge usually takes 20-30 minutes. Be prepared to stay longer if the doctor feels it is necessary for your safety.
- 4. When you leave the office you must have someone to drive you home. They will be responsible for your safety. Your balance, coordination, judgment, and memory can be affected for up to 24 hours.
- 5. Bring another adult to help you!